

# Wayzata XC Tryout Policy

- Any 7<sup>th</sup>-10<sup>th</sup> grader are welcome to join the team.
- On the first day of practice (Monday, August 13<sup>th</sup>) all Juniors and Seniors must be able to hit the **slower** of the following two standards: break 12:00 for 3200m OR run faster over 3200m than **they** did on Monday, August 14<sup>th</sup> last year.
- Goals, based on last year's times, are listed below. For those of you who did not run a first-day time trial, a relatively achievable goal has been set for you by the coaching staff based on early-season results from 2017.
- Any 11<sup>th</sup> or 12<sup>th</sup> Grader who has not been on the team is welcome to join, but they need to talk with Coach Popp first.
- If you miss practice on Monday (absence or not registered yet), that will count as a failed time trial attempt.

In an effort to keep people on the team, there are two EXCEPTIONS:

1. Anyone who fails the time trial on Monday the 13<sup>th</sup> will have the chance to re-run it on Friday, August 17<sup>th</sup>.
2. Anyone who is injured / has been injured may be granted a waiver at the coach's discretion. IF this applies to you, call or email Coach Popp ASAP (320.444.2202 or [mark.popp@wayzataschools.org](mailto:mark.popp@wayzataschools.org))

\*\*If your name is not included in the list below, contact Coach Popp immediately.

Name	Gr.	Goal Time	Name	Gr.	Goal Time	Name	Gr.	Goal Time
Cameron Arkesteyn	12	12:00	Max Albright	11	13:19	Andrew Adams	10	12:57
James Bartel	12	15:50	Avi Asthana	11	13:10	Jack Bartels	10	12:43
Adam Basten	12	13:26	Immanuel Bhonsle	11	15:20	Adrian Contreras	10	15:40
Bryce Becker	12	12:00	George Cai	11	13:45	Kevin Coss	10	14:34
Connor Blaschko	12	13:47	Pearse Devins	11	13:48	Amav Desai	10	13:00
Andrew Brandt	12	12:00	Jacob Emmons	11	16:22	Michael Hawkins	10	13:30
Eric Carlson	12	14:56	Charlie Ernst	11	12:00	Jonathan Inamagua	10	14:10
Sean Chapman	12	13:57	Eli Hansen	11	12:21	Jackson Kaeter	10	16:45
Wyatt Colbrese	12	15:12	Benjamin Harrison	11	14:08	A.J. Karn	10	13:18
Robbie Defren	12	12:00	Umar Hasan	11	12:40	Caden Karn	10	12:17
Carson Fisher	12	12:37	Shuayb Hussein	11	12:11	Owen Mickelson	10	13:00
Adam Flake	12	13:36	Matt Kvistberg	11	14:21	Caleb Moy	10	17:43
Cole Guttormsson	12	16:00	Zach Nyquist	11	13:15	John Moy	10	14:03
Ben Hidani	12	12:21	Matthew Pietrzak	11	13:56	Colin Nelson	10	16:30
Zane Hutton	12	17:01	Luca Raso	11	13:41	Charles Olson	10	16:48
Eli Johnson	12	13:41	Abubakar Robleh	11	12:00	Henry Oswald	10	12:27
Jin Johnson	12	13:44	John Stefanoni	11	18:17	Joel Ostapeic	10	12:20
Patrick Leonard	12	12:00	Sean Sticha	11	12:00	John Quimby	10	13:30
Luke Maly	12	12:00	Max Swenson	11	16:04	Ibrahim Quraishi	10	14:15
Zach Miller	12	12:00	Jeremy Trunk	11	15:25	Abdi Robleh	10	12:00
Grant Price	12	12:00	Brendan Vivanco	11	12:57	Paul Sausker	10	15:20
Luke Sharpe	12	12:00	Ben Voynov	11	18:30	Samuel Schlecht	10	15:00
Evan Stillyday	12	13:14	Drake Young	11	12:00	Caden Schmidt	10	13:35
Chris Swoverland	12	16:24				Will Skogrand	10	12:57
Ben Walker	12	12:00				Joseph Sta Romana	10	18:30
						Stefan Sundin	10	14:05
						Garrett Van Krevelen	10	14:28
						Dennis Yurevich	10	13:01
						Preston Zhu	10	13:00